CME AGENDA

45TH ANNUAL AMDAANA CONFERENCE: UPDATES IN INTERNAL MEDICINE AND CARDIOVASCULAR DISEASES

JUNE 13 FRIDAY

SOUTH ARIZONA 8000 GRAND E, PHOENIX, AZ 85044

8:00 AM 8:30 AM 8:35 AM 9:05 AM 9:10 AM 9:40 AM 9:45 AM 10:15 AM 10:20 AM 10:50 AM 10:55 AM 11:25 AM 11:30 AM 12:00 PM 12:00 PM 12:30 PM

12:30 PM

01:00PM

Structural Heart Disease: Updates

Emerging Novel Treatments in Depression

Hyperlipidemia : Updates on PCSK9 inhibitors

Unleashing the Immune System to fight Cancer

Anticoagulation in Structural Heart Diseases

Sudden cardiac death: Role of wearable cardiac defibrillator

Cardiometabolic Risk in Women: The **Overlooked Population**

Visit Booth over lunch

Cardiovascular risk in chronic kidney disease and diabetes: Therapies

Non-CME Promotional Discussion

SPONSORED BY: Bayer

Nishant Gupta, MD FACC

and the second

Subhdeep Virk, MD DFAPA

Rajkumar Sugumaran, MD

Amol Rakkar, MD

Parminder P. Singh, MD FACC

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Obesity and Lifestyle Medicine

Peripheral Vascular Disease: The Past, present and future

Role of Diet in Bone Health

SGLT2 inhibitors in CKD

Coronary CT angiography and CT-FFR

Artificial Intelligence in Healthcare

Visit Booth Over Lunch

Deepti Sharma, MD

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Baljeet Uppal, MD

Ranjodh Gill , MD FACE FACP

Vikas Kalra, MD

Parminder P. Singh, MD FACC

Pankaj Mohindru

AMRITSAR MEDICAL AND DENTAL ALUMNI ASSOCIATION OF NORTH AMERICA

CME 45th Annual AMDAANA Conference: Updates in Internal Medicine and Cardiovascular Diseases

Outcome Objectives

- > Implement evidence-based treatments for major depressive disorder (MDD); evaluate data and research for novel treatments of MDD.
- Identify valvular heart disease in early stages; implement anticoagulation post minimally-invasive valvular interventions.
- Diagnose peripheral arterial disease effectively and manage/treat from a primary care and specialist's perspective.
- Implement current options for anticoagulation and antiplatelet agents, or utilize alternative options for patients who can't be treated with anticoagulants.
- ▶ Titrate lipid-lowering therapies for specific populations using knowledge of LDL <55 mg/dL as the new target for VHR ASCVD.
- Counsel South Asian patients regarding their tendency to accumulate visceral fat even at lover BMI thresholds; implement alternative, non-BMI-based measurement metrics.
- Evaluate patients with osteoporosis, and counsel patients on nutritional needs to preserve and promote bone health.

Accreditation / Credit Designation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Arizona College of Medicine - Tucson and the Amritsar Medical and Dental Alumni Association of North America (AMDAANA). The University of Arizona College of Medicine - Tucson is accredited by the ACCME to provide continuing medical education for physicians.

The University of Arizona College of Medicine – Tucson designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credit(s)^{∞}. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Relevant Financial Relationships Statement

University of Arizona College of Medicine - Tucson Office of Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible companies (commercial interests). The CME office reviewers have nothing to disclose. All relevant financial relationships have been mitigated prior to the commencement of the activity.

- > Dr. Gupta has disclosed: Speakers Bureau-Medtronic
- > Dr. Rangi has disclosed: Speakers Bureau-Abbott|Speakers Bureau-Novo Nordisk|Speakers Bureau-Sanofi S.A.
- Dr. Sugumaran has disclosed: Consulting Fee-Amgen, Inc.|Honoraria-Zoll (Any division)|Consulting Fee-Novo Nordisk (Any division)| Consulting Fee-Boehringer Ingelheim Pharmaceuticals, Inc. - 04/19/2025
- Dr. Virk has disclosed: Grant or research support-AbbVie/Grant or research support-Bristol-Myers Squibb Company/Grant or research support-Otsuka America Pharmaceutical, Inc./Grant or research support-Novartis Corporation Pharmaceuticals (Relationship has ended)/ Grant or research support-Janssen/Grant or research support-Boehringer Ingelheim Pharmaceuticals, Inc./Grant or research support-Allergan (Relationship has ended).

All other individuals in a position to control the content of this CME activity have disclosed that they have no relevant financial relationships with ineligible companies that would constitute a conflict of interest concerning this CME activity.

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